

Getting Ready for the 1st Day of School



This book is brought to you by the folks at Branches of Life.

SEPTEMBER						
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		



Summer break is almost over.

September 3, 2013 is the first day of school.

This school year may be different than last year.



a new teacher



new classmates

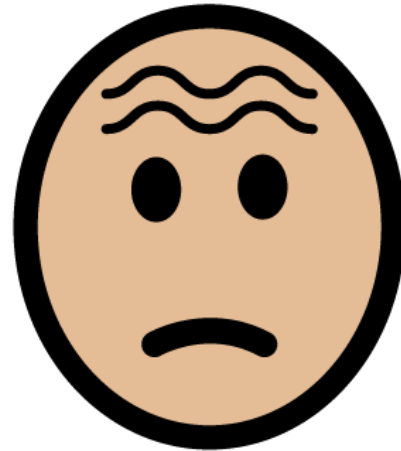
You may have:



a new classroom

SCHEDULE	
1.	 bus
2.	 reading
3.	 math
4.	 lunch
5.	 recess

a new schedule



You may feel anxious, nervous, or excited about the changes for this school year.

Your feelings are **OKAY**.

Some things will be the same as last year.



ride the bus



eat lunch

You will still:



see some of your friends from last year



have P.E.



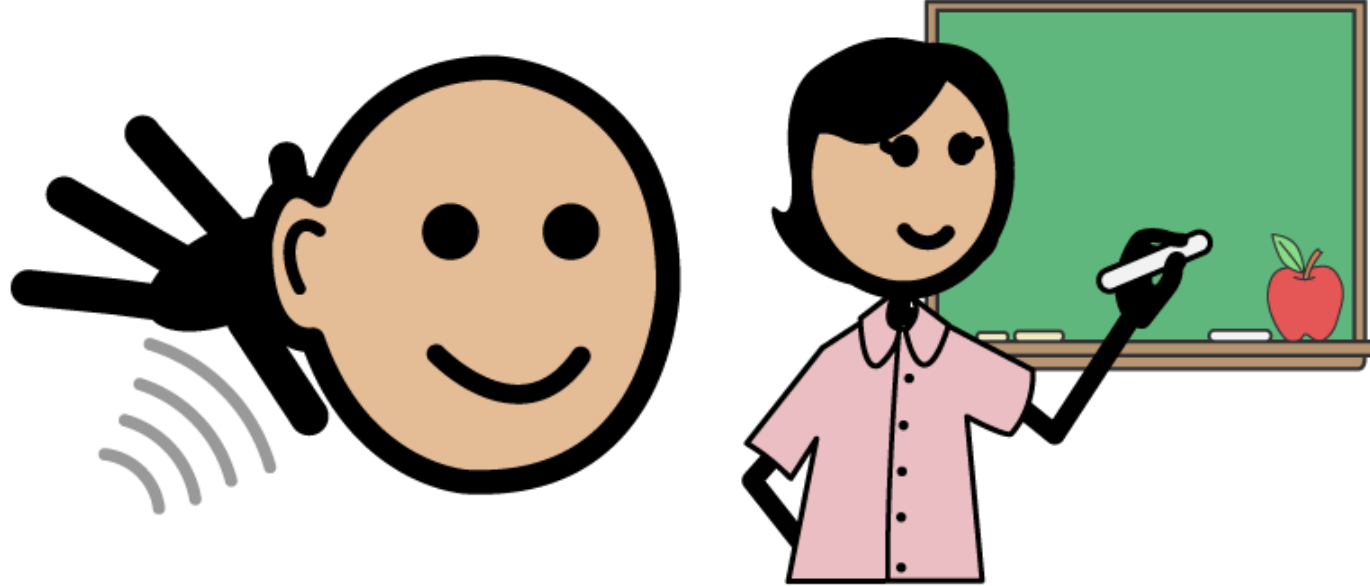
have a place to put your book bag & coat



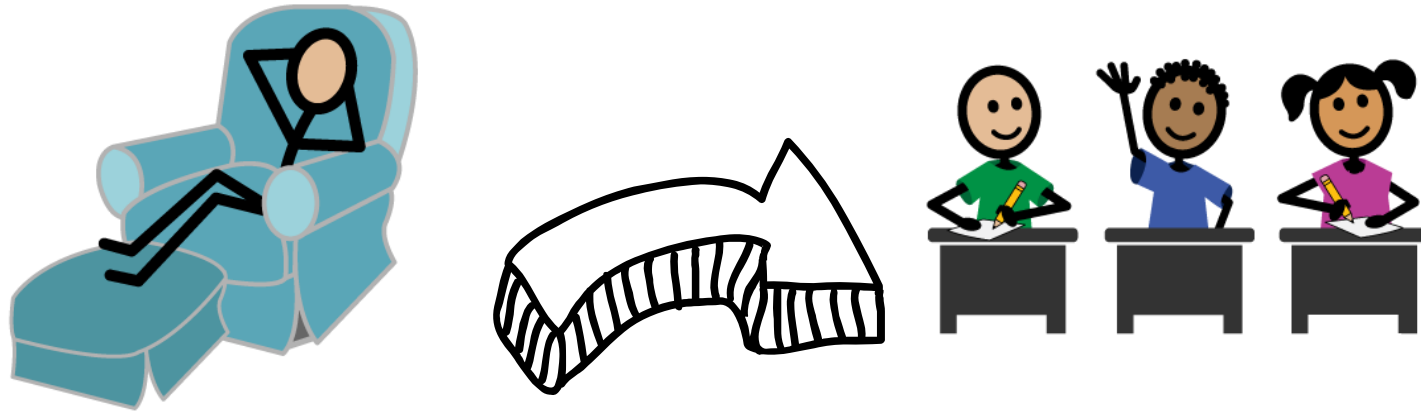
be able to take a break



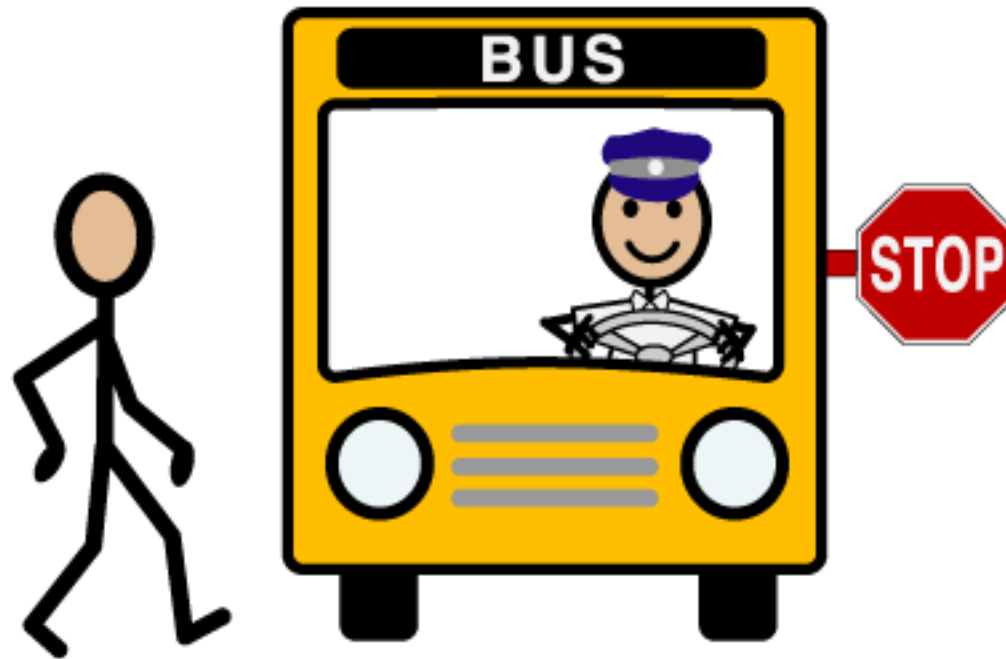
The beginning of a new school year may make you feel nervous and that's okay. Lots of students feel nervous about the first day of school.



On your first day it's important to listen to your teacher & be flexible with things that are different from last year.








If you feel overwhelmed you can ask your teacher to take a break. After your break, you will join your classmates & continue with the day's schedule. This will make your teacher proud.

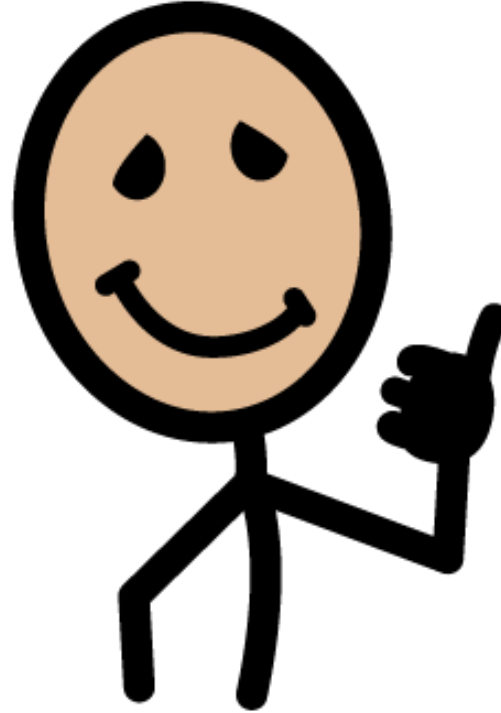


At the end of the school day you will get on the bus & the first day of school will be finished.



You can share things about your day with someone
you care about like your family or friends.

SCHEDULE		
1.		bus
2.		reading
3.		math
4.		lunch
5.		recess



After a few more days of learning about this school year's changes it won't feel so new anymore and you will know the routine of your school year.